

# records débutantes

<b>50 metres</b>	D.F.	Ewerling Anouck	7,50	2001
<b>60 metres</b>	D.F.	Ewerling Anouck	8,88	2001
<b>75 metres</b>	D.F.	Bonadiman Isabelle	10,30	1984
<b>400 metres</b>	D.F.	Smit Jana	68,17	2010
<b>600 metres</b>	D.F.	Bonadiman Isabelle	01:46,00	1985
<b>800 metres</b>	D.F.	Smit Jana	02:43,44	2010
<b>1000 metres</b>	D.F.	Smit Jana	03:29,75	2010
<b>2000 metres</b>	D.F.	Ewerling Anouck	08:12,90	2001
<b>longueur</b>	D.F.	Bonadiman Isabelle	4,63	1985
<b>hauteur</b>	D.F.	Bonadiman Isabelle	1,40	1985
<b>hauteur</b>	D.F.	Smit Jana	1,40	2010
<b>balle 80gr</b>	D.F.	Smit Jana	37,00	2010
<b>poids 2kg</b>	D.F.	Ewerling Anouck	6,68	2001
<b>50 metres Indoor</b>	D.F.	Smit Jana	7,79	2010
<b>600 metres Indoor</b>	D.F.	Krumlovsky Tamara	02:01,18	2008
<b>800 metres Indoor</b>	D.F.	Krumlovsky Tamara	02:49,85	2008
<b>1000 metres indoor</b>	D.F.	Mores Liz	3:33,82	2023
<b>longueur Indoor</b>	D.F.	Smit Jana	4,32	2010
<b>hauteur Indoor</b>	D.F.	Smit Jana	1,30	2010